## WHAT'S ELIGIBLE?



We've assembled a list of common expenses that are eligible for reimbursement. Not all eligible items are on this list. Visit our website for more information: www.naviabenefits.com.

## **ELIGIBLE HEALTH CARE EXPENSES**

Items marked with an asterisk (\*) are considered over-the-counter (OTC) medicines or drugs and require a prescription for reimbursement.

Acne treatment\* Acupuncture Allergy & Sinus medication\* Antacids\* Antibiotic ointment\* Anti-diarrheal\* Antifungal foot cream\* Anti-gas medication\* Anti-itch cream/gel\* Antiseptic\* Asthma treatment\* Bandages/gauze Birthing classes or Lamaze Blood pressure monitor Braces (knee, ankle, wrist) Breast pump Burn cream\* Chiropractic services Coinsurance Cold/hot pack Cold sore treatment\* Cold/cough medication\* **Compression stockings Contacts & solutions** 

Contraceptives Copays CPAP machine Crutches Deductibles Dental services Diabetic supplies Diaper rash ointment\* **Digestive Aids\*** Drug addiction treatment Ear wax removal kits\* Eve drops Feminine Anti-Fungal/Anti-Itch\* Fertility monitor Fertility treatment First Aid Kit Flu shots Genetic testing Group therapy Hearing aids & supplies Hemorrhoid medication\* Hormone therapy Hospital fees

Humidifiers Immunizations Incontinence supplies Individual counseling Insect bite treatment\* Lab work Lactation Consultant Lactose intolerance pills\* Laser eye surgery Laxative\* Lice treatment products\* Massage therapy Medical records Motion sickness relief\* Nasal strips Naturopathic visits Orthodontia Orthotic inserts Oxygen and equipment Pain relievers\* Parasitic treatment\* Physical exams Physical therapy Pregnancy test

Prenatal vitamins Prescription drugs Prescription glasses Reading glasses **Respiratory Treatments\*** Saline nasal spray Sleep Aids & Sedatives\* Sleep deprivation treatment Smoking cessation products\* Smoking cessation programs Speech therapy Sterilization procedures Stool softener\* Thermometer Throat lozenges\* Vision care Walker Wart treatment\* Wheelchair & repair X-rays

## ADDITIONAL DOCUMENTATION REQUIRED

Certain medical expenses are not reimbursable unless a licensed health care practitioner states that the service or product is medically necessary. We will need a Letter of Medical Necessity (LMN) for these items to be reimbursed. The LMN is available on our website. Please note that certain expenses may require additional documentation to be reimbursed.

Automobile modifications Braille books Breast augmentation Breast reduction

Cosmetic procedures Family therapy Home medical equipment Learning disability fees

Lumbar support Mole removal Motorized scooter Nutritionist expenses Vitamins and supplements Weight loss programs

## **INELIGIBLE HEALTH CARE EXPENSES**

The following expenses are **not** eligible. Under no circumstances will the following items be reimbursed. Please do not submit claims for these items.

Books Boutique practice fees **COBRA** premiums College insurance **CPR** classes Electrolysis/laser hair removal Illegal operations/substances Face lift **Finance charges** 

Funeral expenses Gym membership Hair transplant Household help Hygiene products Imported OTC items Imported prescriptions

Insurance premiums Late fees Liposuction Marijuana Marriage counseling Massage chair Mattress Missed appointment fee

Hair growth products Electric toothbrush/picks Teeth whitening Toiletries Veneers Warranties